Remember

- Always wash your hands before and after touching your eye/s.
- Always finish the course of treatment if you have been prescribed medication, even if your symptoms have improved.
- Always have regular eye checks with your Optometrist.
- Always protect your eyes with goggles or glasses when carrying out DIY or using any power equipment.
- If you splash anything into your eye always rinse with plenty of tap water and seek medical advice.
- Never use anyone else’s medication (this includes eye-drops).

Our Vision
Putting patients first while striving to deliver the best quality healthcare.

The Eye Unit,
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Castle Lane East, Bournemouth,
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What happens during the operation?
This procedure is usually carried out if your meibomian cyst, also known as a chalazion, is causing you discomfort.

- When you arrive a nurse will check your vision and you will be asked to sign a form giving your consent for the doctor or nurse to go ahead with the operation.
- An eye drop may be put into your eye to numb the inside of the eyelid.
- You may then be given a small injection under the skin next to the cyst to numb the area. The feeling is similar to a dental injection and will sting.
- A small cut is then made to allow the nurse or doctor to remove the contents of the cyst. The cut may be on the inside or outside of the lid depending on where the cyst is.
- Antibiotic ointment is put into the eye and a pad is put over the eyelid, which you can remove after six hours.

What happens after the operation?
When you remove the eye pad there may be dried blood or discharge on the eyelids. Bathe the eye using boiled, cooled water and clean cotton wool or gauze.

You will be given antibiotic eye drops or ointment to be used in the operated eye for about a week.

Your eyelid/s will be bruised but this will gradually disappear over the next couple of weeks.

Are there any risks with this operation?
Most patients are very happy with the result of their surgery and do not experience any problems.
However in rare cases there can be an allergic reaction to the anaesthetic injection or ointment.

Will the cyst come back again?
Occasionally the cyst returns and further surgery may be required. There are many glands in the eyelids and if you are prone to getting cysts you may get one in a different place. If this happens please contact your GP who can refer you to the Eye Unit.

If you have any problems or questions about your operation please do not hesitate to ask the doctor or nurse caring for you.

For further information and advice please contact:

Admissions Department: (01202) 704366
7 days a week: 8:30am to 4:30pm