Occupational Health Vision

Our central vision is to promote and maintain the highest degree of health, safety and well-being of all who work on behalf of the Royal Bournemouth and Christchurch NHS Trust by working in partnership with staff to achieve a healthy working environment for all.

The team aims to achieve the highest standards and deliver a high quality service in all activities undertaken. We act as professional independent advisers to both employees and managers, treating each with courtesy and sensitivity. We are committed to maintaining confidentiality for individuals and also contribute and act where appropriate towards providing a safe system of work for the Trust.

At RBH we believe our workforce is our most precious asset. And it makes sense to take care of you - not just to comply with legislation but to inspire greater commitment, efficiency and productivity.

Understanding the relationship between health and the workplace is fundamental to the success of any organisation. Our range of Occupational Health services is ideally placed to meet these needs. Access to the service offers you the opportunity to explore any concerns about the effect of work on health and health on work.

For more information you can look at our RBH internal website or NHS external site:

www.rbh.org.uk
http://rbhintranet/
**What is Occupational Health?**

Occupational Health is about the effect of work on your health and about making sure that you are fit for the work that you do.

**We can offer a full range of occupational health services including:**

- Pre-employment screening
- Immunisation Hepatitis B, BCG, MMR, Varicella / Recall
- Needlestick injury management
- Sickness absence advice
- Advice on rehabilitation programmes on return to work
- Counselling
- Ill health retirement advice
- Management referrals
- Smart Card—updates for Medical Staff
- Health Surveillance
- VDU risk assessment for Health Related Issues
- Healthy workplace advice
- Environmental assessment to identify occupational disease
- Dermatology Advice
- Health promotion
- Policy Development
- Physiotherapy
- Eyecare Vouchers
- Chiropody

**Pre-employment screening**

Health check with Nurse or Doctor. To ensure that the person is fit for the post they have applied for and the post will not affect pre-existing health problems.

**Immunisation Hepatitis B, BCG, MMR, Varicella**

Protection against work related diseases by immunisation.

**Needlestick injury management**

During the hours of 08.00 - 17.00 Monday to Friday contact OHD on 4217/4213, out of these hours you should attend A/E immediately and be seen within 30 minutes of arrival for optimum management of the injury.

**Sickness absence advice**

This is given to all staff at all levels in the organisation.

**Advice on rehabilitation programmes on return to work**

To facilitate a return to work from sick leave within an identified time framework through liaison with managers.

**Counselling**

Counselling is available for any problems you may have. The Staff Counsellor attends the Occupational Health Dept twice a week. Appointments can be made in complete confidence.

**Ill health retirement advice**

To facilitate the process in a sensitive manner

**Management referrals**

To assess the health needs of the employee in relation to work and health and health on their work, to provide objective advice to help manage the associated health issues.

**Smart Card**

A computer accessed record containing vaccine and immunity data for Doctors.

**Health Surveillance/Environmental assessment to identify occupational disease**

This happens when staff are exposed at work to a known risk. For example plaster dust. Health issues could be:

- occupational asthma

**VDU risk assessment for Health Related Issues**

We deal with health related issues associated with Display Screen equipment.

**Healthy workplace advice/Health promotion**

We are constantly aware of the need to ensure that our staff, are kept fit and well. There are many initiatives in the Trust to support this. We encourage healthy life styles amongst our staff. Smoking cessation and assistance in weight loss management are a few initiatives we have run. We have a wide range of literature on many subjects.

**Dermatology Advice**

Advice is given on an individual basis. Be proactive about any skin problems. Come and see us promptly.

**Policy Development**

A few examples of these are

- Sharps Injury management, Scabies and the Health Care Worker, Smoking.

**Physiotherapy**

There is a staff physiotherapist you are able to self refer to. Call in at Physio to make an appointment.

Occupational Health also have a Physiotherapy Adviser in the department once a week for assessment and advice.

**Eyecare Voucher Scheme**

If you are using your computer for at least 50% of your work, then Occupational Health offer vouchers for you to have your eyes tested and can help towards the cost of a new pair of glasses.

**Chiropody**

Occupational Health provide a chiropody service for members of staff, contact Occupational Health on 01202 704217/704213.