

# NHS Sustainability Day for Action

## 24 March - 12-2pm

Main atrium, between the restaurants and by the lake at the **Royal Bournemouth Hospital**

### What's happening on the day:

NHS Sustainability Day raises awareness of the importance of sustainability within healthcare.

Come along and find out how you can help reduce the Trust's environmental impact and carbon footprint.



**Dorset Wildlife Trust**  
find out more about wildlife in your local area

### Green Impact Sign Up

a chance to find out more about the Trusts annual sustainability challenge

**nus**  
**green impact**



In 2015 we saved **£19,069** through sustainable actions. This is equivalent to 393 Troponin T Tests

In 2015 we saved **£19,069** through sustainable actions. This is equivalent to 131 blood bags



**LITTER FREE**  
**COAST & SEA**

come and find out how Dorset are cleaning up the coast'

**Bike servicing and FREE MOTs** from Urge cycles. Book in your bike in advance at [urgetcycles.co.uk](http://urgetcycles.co.uk)

**URGE**  
cycles



**Waste and recycling advice from**  
**VEOLIA**  
find out more about what can be recycled within the Trust and where your recycling ends up

### Free 20min bike maintenance demonstrations

at 1pm, 1:30 and 16:30

Learn how to repair a puncture, maintain brakes and oil your chain. Limited places, booking essential.

Contact: [sustainability@rbch.nhs.uk](mailto:sustainability@rbch.nhs.uk)



*providing the excellent care we would expect for our own families*

The Royal Bournemouth and Christchurch Hospitals

NHS Foundation Trust

